




TODAY I CHOOSE TO BE THE BEST ME I CAN BE!

Red Ribbon Week

October 17 - 21, 2016 - Schedule of Activities - Ocean Air School

Monday October 17, 2016	Tuesday October 18, 2016	Wednesday October 19, 2016	Thursday October 20, 2016	Friday October 21, 2016
<p>HATS OFF TO GOOD CHOICES <i>Crazy Hat/Hair Day!</i></p> <p><i>Wear your favorite hat or crazy hair style to show you will do you best to make Ocean Air, our community, and the world a better place! Get a Red Ribbon Pencil today!</i></p>  <p><i>TBD: Teen presenters from TPHS and CCA will speak to our 6th graders about making smart, safe and healthy choices. MUR 1:45pm-2:30pm</i></p>	<p>BE A SUPERHERO, STAND UP TO BULLIES <i>Wear your superhero shirt/costume to show that you will take a stand and lend a hand against bullying!</i></p>  <p><i>Join the volunteers at the lunch tables during lunch recess to make an Ocean Air Pledge Chain! Get a special gift!</i></p>	<p>CRAZY SOCK ZUMBA DAY <i>Choose to dance your "Crazy Socks" off for a healthier, happier you!</i></p>  <p><i>At snack recess, look for the cones on the blacktop and listen for the music!</i></p>	<p>"RED-START" SNACK DAY <i>Show you can make good food choices by bringing a healthy, REDish food for snack today! (apples, strawberries, red grapes, watermelon...)</i></p>  <p><i>Look for the adults wearing red shirts at at recess! Show your RED, healthy snack to one of them and receive a bookmark!</i> <i>10:15-10:30am</i></p>	<p>JUMP ROPE FOR HEART <i>Join us for Jump Rope For Heart and make a heart healthy choice!</i></p> <p><i>Wear RED today! Donations can be made online or by returning the attached envelope to school! Students can earn prizes for their fundraising efforts!</i></p>  <p><u>Schedule:</u> K-1 8:10-8:30am 2-4 8:45-9:10am 5-6 9:25-9:50am</p>